

Big Problem

The biggest problem faced by teens today is the fact that we are constantly harassed by the world to fit a certain image to be popular, beautiful, and cool. Around every corner are billboards and things influencing us to be super skinny or dress this way or say certain things. When we as teens give in to these temptations and attempt to follow a world that is fake for the most part, we are surely destined to ruin our lives and end up worse than ever.

When we see people on magazines and billboards and see their perfect bodies and how perfect they are all around, we tend to want to be like that person, thus doing sometimes harmful things to our bodies to look like this celebrity. The horrible truth is, these perfect people are not even real!! We don't realize that their bodies have been altered with computers and we don't think about how unhealthy the choices are until we look like this "fake" person and then the consequences hit us. The effects can have long lasting effects and can ruin our bodies and lives and reputations for a long time to come.

As a teen who hasn't conformed to the worlds standards, and as someone who has seen people ruined by the world, I can attempt to give advice to those who are struggling. One thing that has caught my attention and been a major turn-off is that should we wear certain clothes when chances are someone else has the same shirt or other item. When you are walking the hall and see someone with the same clothing, do you really feel cool anymore? If everyone dresses the same way and buys the same clothes, it makes for a pretty boring world. However, if they choose to truly express themselves through what they wear then you see people's true colors and personalities come alive and it gives others the confidence to express themselves as well. There's no need to look like a person that has been computer-generated to look perfect. It is much nicer to see a real person and what they feel and what their personality is than something fake they use to be "cool."

So be unique and don't be afraid to express yourself to the world. This is the best advice that has worked for me and I love not looking like everyone else and acting like the world wants me to. I am free to express myself in my own ways and I am using that freedom to its fullest. That is my advice to you: Don't conform to the world because in the end, you will end up looking like everyone else and living in a very boring world.

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