

Fear of Food

She wakes up in the morning
And her stomach begins to turn.
She knows she must ignore it
Her stomach has got to learn.

Food is not her friend,
Gaining weight- her biggest fear.
No food for one whole day
And she'll receive her silent cheer.

Lunch time rolls around,
Pizza is the item on the menu
"Uh, I had a huge breakfast."
Quickly becomes her pathetic excuse.

Stomach beginning to rumble
So she brings the bottle to her lips
Water tries to fill her stomach
But it is only a failed attempt.

A week has gone by
And it is time for the scale
10 pounds she has lost
This power is wonderfully real.

~By: Becca Byrd, Lexington High School, 10th Grade