

## Parent Resource Guide for Alcohol and Drug Abuse

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Parents, you are the first line of defense when it comes to your child's drug use or drinking. **And you do make a difference!** If you are worried about your teen or other family member and want to know who can help, see below for a list of resources.

### **If you need help now:**

Call 24-hour help lines at:

- (803) 256-3100 Richland County
  - (803) 733-1376 Lexington County
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### **If you wish to seek counseling or treatment services for your child or a family member, call:**

- Lexington-Richland Alcohol and Drug Abuse Council (LRADAC) (803) 256-3100
- Three Rivers Behavioral Health (803) 796-9911
- Palmetto Health Richland – Richland Springs (888) 724-7888
- Palmetto Health Baptist (803) 296-5543
- William S. Hall Adolescent Recovery Program (803) 898-1779

*You may also wish to contact your minister, physician or other healthcare professional for referrals to counseling and/or treatment services.*

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### **If you wish to learn more about underage drinking and teen parenting skills, call:**

- Lexington-Richland Alcohol and Drug Abuse Council (LRADAC) (803) 733-1390
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### **To report an underage drinking party or alcohol sales to minors, call:**

- Lexington County Sheriff's Department (803) 785-0060
  - Richland County Sheriff's Department (803) 576-3000
  - State Law Enforcement Division (SLED) (803) 896-7400
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### **Online Resources for Parents:**

- Parents. The Anti-Drug. [www.theantidrug.com](http://www.theantidrug.com)
- Family Education: What Your Child Needs to Know. [life.familyeducation.com](http://life.familyeducation.com)
- National Clearinghouse for Alcohol and Drug Information. [www.health.org](http://www.health.org)
- National Institute on Drug Abuse. [www.nida.nih.gov](http://www.nida.nih.gov)
- National Youth Anti-Drug Media Campaign. [www.mediacampaign.org](http://www.mediacampaign.org)
- Parenting is Prevention (PIP). [www.parentingisprevention.org](http://www.parentingisprevention.org)
- Mothers against Drunk Driving (MADD). [www.madd.org](http://www.madd.org)

